



Trauma Stewardship

1st Annual

International Institute

**June 7 & 8
2008**

**Integrating theory & practice
to transform our response to
secondary trauma**

**Talaris Center
4000 NE 41st Street
Seattle, WA**

**Featuring author and trainer
Laura van Dernoot Lipsky**

**Trauma
Stewardship
Institute
P.O. Box 28302
Seattle, WA
98118-8302**

with Connie Burk

**www.traumastewardship.com
traumastewardship@mac.com**

14 Social Work CEU's

What is the Trauma Stewardship Institute?

The Trauma Stewardship Institute builds on the growing body of research and practice addressing trauma exposure response. Sometimes called secondary trauma or compassion fatigue, trauma exposure response refers to the accumulation of the often debilitating changes that take place within people & organizations as a result of exposure to another's suffering.

Developed by Laura van Dernoot Lipsky, Trauma Stewardship is a holistic approach that encompasses the entirety of how we interact with others' suffering, pain, crisis and trauma.

With an emphasis on Applied Trauma Stewardship, this Institute moves beyond identifying the causes and symptoms of trauma exposure. Participants will leave with fresh insight, practical skills and time-tested strategies for becoming stewards of their response to trauma exposure and establishing a sustainable practice of Trauma Stewardship in their own lives and organizations.

Two of Institute faculty members, Laura van Dernoot Lipsky and Connie Burk, literally wrote the book on Trauma Stewardship. Participants will receive a copy of the book, ***Trauma Stewardship: An Everyday Guide for Caring for Self while Caring for Others.***

Surrounded by the serene landscapes of the beautiful Talaris Convention Center, the Institute will integrate theory with practice and transform participants' relationship to the work.

Institute participants are eligible for 14 hours of CEU, contact us for details.

Who Should Attend?

Any person who is exposed to trauma in their professional or volunteer work or who supervises front-line workers could benefit from this institute. Participants from fields as diverse as health care workers in Japan to zookeepers and reconstruction volunteers in the post Katrina New Orleans, from U.S. Air-force pilots to Canadian fire fighters, from public school teachers to private practice doctors have found this information to be transformative in their work and lives.

Praise for Trauma Stewardship:

...like looking into a mirror. We will see ourselves much more clearly, will understand ourselves much better and will come up with better ways of being it and of doing it. Compassion, yes Compassion is Happiness itself. Enjoy.

THICH NHAT HANH

Zen Master and peace activist

...a wise and compassionate guide for those who undertake the difficult work of caring for the traumas of this world.

JACK KORNFIELD

founding teacher of the Insight Meditation Society and Spirit Rock Center, Buddhist monk, psychologist, author of *A Path With Heart*

Anyone who works with traumatized people can be caught in the grip of anxiety, irritability, or overwhelming sadness. By shutting out those feelings, you may sink into emotional numbness. What could be more useful to a beleaguered trauma worker than this kit bag of straight talk, wisdom, practical ideas and delightful doses of humor? Trauma Stewardship...will get you through the hard times. It will help you feel better and work smarter. No trauma worker should be without it.

GINNY NICARTHY

counselor, educator, and author of *Getting Free: You Can End Abuse and Take Back Your Life.*

Laura makes a superb case for "trauma stewardship" as an approach that will benefit all of us in the service community who must deal with the struggles of our work with a hurting world. Trauma Stewardship offers tools to bring us back to a place of balance where we can be more effective in our work, more present with our families, & most importantly, more at peace in our own soul.

MICHAEL L. TUGGY, M.D.

director of the Swedish Family Medicine Residency program, medical director of the Swedish/First Hill Clinic, and recipient of the Bronze Star from the US Army.

Registration

Space is limited, please register early!

To register for this institute, please complete the following form and return it with full payment.
 June 7 & 8, 2008 ♦ Trauma Stewardship International Institute ♦ Seattle, WA

Name:	Organization:
Telephone:	E-Mail:
Address:	City/State/ZipCode
<input type="checkbox"/> ASL <input type="checkbox"/> Other Translation _____ Please check above if you will require an ASL or other translation. Registration & payment must be received for participants reserving translation by 4.15.08.	Institute participants are eligible for 14 Social Work CEU credits for details about Social Work or other CEU credits, contact: traumastewardship@mac.com
Dietary requirements? <input type="checkbox"/> Vegan <input type="checkbox"/> Vegetarian <input type="checkbox"/> Halal <input type="checkbox"/> Kosher <input type="checkbox"/> Other _____	Questions? Email us at: traumastewardship@mac.com Or write to: Trauma Stewardship P.O. Box 28302 Seattle, WA 98118-8302

♦ Registration Fees

Early Bird! Payment & Registration must be received on or before 3.15.08:

_____ # attending X \$275 \$ _____

After 3.15.08 _____ # attending X \$350 \$ _____

Total Check \$

Please make checks payable to:
Trauma Stewardship

Send check & registration to:
 Trauma Stewardship
 P.O. Box 28302
 Seattle, WA 98118-8302

Hotel Accommodations

Silver Cloud Inn - University District
 5036 25th Avenue NE Seattle, WA 98105
 Reservations: 1.800.205.6940

Special Institute Room Rate:
\$159 king or \$179 for 2 queens
 \$15 additional person charge
 Rooms must be **reserved by May 6th**
 to receive these discounted rates.

Hotel Amenities:
 Complimentary Silver Cloud buffet breakfast
 Free parking for all hotel guests
 Complimentary shuttle service to conference site
 Close walking distance to great shops & restaurants
 Complimentary high speed wireless & DSL
 Indoor pool, Spa & exercise facility

American Airlines discount
 Ticket purchase 30 day advance: **10% off**
 Purchase less than 30 day advance: **5% off**
 To book with this discount, call:
 1.800.433.1790; Star File#A2468AW
 Or online at: www.aa.com

P CC CS S RS CEU A

Cancellation Policy: The registration fee, less a \$50 handling charge, may be reimbursed upon request until 30 days before the training date.